

Boost Pudding - Chocolate

Nutrition Facts

Serving Size 5oz

Serving Per Container 1

Amount Per Serving

Calories 240 Calories from Fat 80

% Daily Value *

Total Fat 9g **14%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 110mg **5%**

Total Carbohydrate 33g **11%**

Dietary Fiber <1g **3%**

Sugars 22g

Protein 7g

Vitamin A 15% Vitamin C 60%

Calcium 25% Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.