

Phagia Pureed Peas & Carrots (powder)

Nutrition Facts

Serving Size 1 Tbsp and 1½ tsp (12g)

Serving Per Container about 9

Amount Per Serving

Calories 40 Calories from Fat 0

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 9g **3%**

Dietary Fiber 4g **18%**

Sugars 3g

Protein 2g

Vitamin A 4% Vitamin C 25%

Calcium 0% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.