

Phagia Pureed Peas (powder)

Nutrition Facts

Serving Size 1 Tbsp and 1½ tsp (14g)

Serving Per Container about 8

Amount Per Serving

Calories 50 Calories from Fat 0

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 10g **3%**

Dietary Fiber 5g **19%**

Sugars 3g

Protein 3g

Vitamin A 6% Vitamin C 40%

Calcium 0% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.