

Phagia Pureed Mixed Veg (powder)

Nutrition Facts

Serving Size 2 Tbsp and 1 tsp (19g)

Serving Per Container about 8

Amount Per Serving

Calories 60 Calories from Fat 20

% Daily Value *

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **8%**

Total Carbohydrate 12g **4%**

Dietary Fiber 5g **18%**

Sugars 2g

Protein 3g

Vitamin A 6% Vitamin C 25%

Calcium 0% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.