

Phagia Pureed Green Beans (powder)

Nutrition Facts

Serving Size 1 Tbsp and ½ tsp (11g)

Serving Per Container about 8

Amount Per Serving

Calories 40

Calories from Fat 0

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 9g **3%**

Dietary Fiber 5g **18%**

Sugars 2g

Protein <1g

Vitamin A 8% Vitamin C 170%

Calcium 4% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.