

Phagia Pureed Corn (powder)

## Nutrition Facts

Serving Size 2 Tbsp and 1½ tsp (18g)

Serving Per Container about 9

**Amount Per Serving**

**Calories 70**      Calories from Fat 20

% Daily Value \*

**Total Fat** 2.5g      **4%**

Saturated Fat 0g      **0%**

Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 150mg      **6%**

**Total Carbohydrate** 16g      **5%**

Dietary Fiber 4g      **17%**

Sugars 2g

**Protein** 3g

Vitamin A 0%      Vitamin C 8%

Calcium 0%      Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.