

Thick-It® Canned Puree,  
Seasoned Green Beans

# Nutrition Facts

about 7 servings per container

**Serving size** 1/4 cup (61g)

**Amount Per Serving**

**Calories** **25**

% Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 120mg **5%**

**Total Carbohydrate** 5g **2%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 1g **2%**

Vitamin D 0mcg **0%**

Calcium 23mg **2%**

Iron 0mg **0%**

Potassium 102mg **2%**

Vitamin C **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.