

Thick-It Carrot & Pea Puree

Nutrition Facts

Serving Size 1/4 cup (61g)

Serving Per Container 7

Amount Per Serving

Calories 30 Calories from Fat 5

% Daily Value *

Total Fat 0g **0%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 110mg **5%**

Total Carbohydrate 5g **2%**

 Dietary Fiber 2g **8%**

 Sugars 2g

Protein 1g

Vitamin A 110% Vitamin C 4%

Calcium 0% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.