

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED WHOLE KERNEL CORN (FRESH OR FROZEN		PORTION SIZE: 1 - #8 Scoop (½ cup)		
	NUMBER OF SERVINGS			
INGREDIENTS	1	6	12	24
Whole Kernel Corn, cooked and drained (reserve liquid)	½ cup	3 cups	1 ½ qt	3 qt
Margarine, melted	1 tsp	2 Tbsp	½ cup	½ cup
Water or Reserved Vegetable Liquid, hot	2 ½ tsp	⅓ cup	⅔ cup	1 cup
RESOURCE® ThickenUp®	2 tsp	½ cup	½ cup	1 cup

HOW TO PREPARE:

- 1. Puree cooked, drained corn with margarine and liquid in food processor until smooth in texture.
- 2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides with spatula as needed.
- 3. Pour into steam table pan coated with non-stick cooking spray.
- 4. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 5. Portion one #8 scoop (½ cup) per serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.