

PUREED STRAWBERRY SHORTCAKE		PORTION SIZE: 1 – 1-inch cake slice, #16 scoop strawberries, #30 scoop whipped topping			
INGREDIENTS	NUMBER OF SERVINGS				
	1		6	12	24
Juice or Milk	⅓ cup		2 cups	1 qt	2 qt
RESOURCE® ThickenUp®	1 tsp		2 Tbsp	¼ cup	½ cup
*Biscuit or *Pound Cake, (plain, no icing, 1-inch slice)	1 slice		6 slices	12 slices	24 slices
Frozen Strawberries, <u>thawed</u> , (reserve liquid)	½ cup		3 cups	1 ½ qt	3 qt
Water or reserved liquid from strawberries	2 ½ Tbsp		³ ⁄ ₄ cup + 2 Tbsp	1 ¾ cups	3 ¾ cups
RESOURCE® ThickenUp®	1 ½ Tbsp		⅔ cup	1 ¼ cups	2 ½ cups
Prepared Whipped Topping	2 ½ Tbsp		³ ⁄ ₄ cup + 3 Tbsp	1 ¾ cups + 2 Tbsp	3 ¾ cups

**Biscuit or cake should not contain nuts, seeds, raisins, dates, coconut, or other particulates that will not puree to a smooth consistency.



PUREED STRAWBERRY SHORTCAKE (CONTINUED)

HOW TO PREPARE:

- 1. Begin briskly stirring juice or milk. While stirring, slowly add first amount of **RESOURCE® ThickenUp®** and continue stirring until dissolved. Allow slurry mixture to thicken for 2-3 minutes.
- 2. Pour ½ of slurry mixture into a sheet pan or shallow dish. (About ¼ cup of slurry will be used per serving.)
- 3. If using biscuits, cut each biscuits in half and place cut side down on top of slurry layer. Prick several times with a fork. If using cake slices, place on top of slurry in a single layer and prick several times with a fork.
- 4. Pour remaining slurry over biscuits or cake.
- 5. Cover and refrigerate until completely saturated, at least one hour.
- 6. While cake/biscuits are soaking, puree strawberries and second amount of liquid in a blender or food processor until smooth.
- 7. Add second amount of **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides of bowl as needed.
- 8. Cover and chill until ready to serve.
- 9. To serve: Remove biscuits or cake slices from slurry. Place one slice of cake or two biscuit halves on plate and top with one #16 scoop (about ¼ cup) pureed strawberries and one #30 scoop (about 2 Tbsp) whipped topping.
- **NOTE:** Measurements of liquid and **RESOURCE®** ThickenUp® may be adjusted to achieve desired consistency.

