

## **RESOURCE<sup>®</sup> ThickenUp<sup>®</sup>** Instant Food & Drink Thickener

PUREED ROAST BEEF (3 OZ PORTION)		<b>PORTION SIZE:</b> 1 - #8 Scoop (½ cup)		
	NUMBER OF SERVINGS			
INGREDIENTS	1	6	12	24
Boneless Roast Beef, <u>cooked</u>	3 oz	1 lb 2 oz	2 lb 4 oz	4 lb 8 oz
Beef Broth, <u>hot</u>	3 Tbsp	1 cup + 2 Tbsp	2 ¼ cup	1 qt + ½ cup
RESOURCE® ThickenUp®	¾ tsp	1 ½ Tbsp	3 Tbsp	⅓ cup

## HOW TO PREPARE:

- 1. Puree cooked roast beef with hot liquid in food processor until smooth in texture.
- 2. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides with spatula as needed.
- 3. Pour into steam table pan coated with non-stick cooking spray.
- 4. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 5. Portion one #8 scoop (<sup>1</sup>/<sub>2</sub> cup) per serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.