

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED QUICK BREAD	PORTIO	PORTION SIZE: 1 - #20 scoop (about 3 Tbsp)		
INGREDIENTS	NUMBER OF SERVINGS			
	1	5	10	20
Quick Bread (½" slice)	1 each	5 each	10 each	20 each
Milk	1 ½ Tbsp	½ cup	1 cup	2 cups
RESOURCE® ThickenUp®	2 tsp	1 Tbsp	2 Tbsp	½ cup

^{*}Quick breads should not contain nuts, seeds, raisins, dates, coconut, or other particulates that will not puree to a smooth consistency.

HOW TO PREPARE:

- 1. Puree quick bread with milk in blender or food processor until smooth in texture.
- 2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed.
- 3. Portion one #20 scoop per serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.