## RESOURCE ${ }^{\circledR}$ ThickenUp ${ }^{\circledR}$ <br> Instant Food \& Drink Thickener

| PUREED FRUIT COCKTAIL |  |  | PORTION SIZE: \#8 Scoop (1⁄2 cup) |  |
| :---: | :---: | :---: | :---: | :---: |
| INGREDIENTS | NUMBER OF SERVINGS |  |  |  |
|  | 1 | 6 | 12 | 24 |
| Canned Pears, drained (reserve liquid) | $11 / 4 \mathrm{qt}$ | $1 \mathrm{qt}+31 / 2$ cups | $21 / 2 \mathrm{qt}$ | $33 / 4 \mathrm{qt}$ |
| Reserved liquid from pears (add water, if necessary) | $11 / 2$ cups | $21 / 4$ cups | 3 cups | 1 qt |
| RESOURCE® ThickenUp® | $11 / 3$ cups | 2 cups | $22 / 3$ cups | 1 qt |
| Canned Peaches, drained (reserve liquid) | $11 / 4 \mathrm{qt}$ | $1 \mathrm{qt}+31 / 2$ cups | $21 / 2 \mathrm{qt}$ | $33 / 4 \mathrm{qt}$ |
| Reserved liquid from peaches (add water, if necessary) | $11 / 2$ cups | $21 / 4$ cups | 3 cups | 1 qt |
| RESOURCE® ThickenUp® | $11 / 3$ cups | 2 cups | $22 / 3$ cups | 1 qt |
| Maraschino Cherries, drained (reserve liquid) | 1 cup | $11 / 2$ cups | 2 cups | 3 cups |
| Reserved liquid from cherries (add water, if necessary) | 2 Tbsp | 3 Tbsp | $1 / 4$ cup | 6 Tbsp |
| RESOURCE® ThickenUp® | 3 tsp | $1 / 4$ cup | $1 / 3$ cup | $1 / 2$ cup |
| Pan Size | $1 / 2$ steam table pan (2-Inch deep) | $1 / 3+1 / 2$ steam table pan (2-Inch deep) | Full steam table pan (2-Inch deep) | Full and $1 / 2$ steam table pans (2-Inch deep) |

## PUREED FRUIT COCKTAIL (CONTINUED)

## HOW TO PREPARE:

1. Place pears and liquid in bowl of blender or food processor and puree until smooth in texture.
2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed.
3. Pour into pan coated with non-stick cooking spray. Cover tightly and freeze.
4. Puree peaches with liquid in blender or food processor until smooth.
5. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed.
6. Pour into separate pan coated with non-stick cooking spray. Cover tightly and freeze.
7. Puree cherries with liquid in blender of food processor until smooth.
8. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed
9. Pour into shallow container; cover tightly and freeze.
10. While still frozen, cut pears and peaches into about $1 / 2 \times 1 / 2$ inch cubes.
11. While still frozen, combine half pears and half peaches in a large bowl; toss lightly to mix. Store bowl of fruit cocktail cubes covered in the freezer until ready to portion.
12. Portion one \#8 scoop ( $1 / 2$ cup) frozen fruit cocktail per serving. Garnish each serving with 2 teaspoons pureed maraschino cherries. (A melon-baller can be used for making cherry-halves.)
13. Thaw completely before serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.

