## RESOURCE ${ }^{\circledR}$ ThickenUp ${ }^{\circledR}$ <br> Instant Food \& Drink Thickener

| PUREED COOKIE |  | PORTION SIZE: 1 - \#40 scoop (about 2 Tbsp) |  |  |
| :---: | :---: | :---: | :---: | :---: |
| INGREDIENTS | NUMBER OF SERVINGS |  |  |  |
|  | 1 | 5 | 10 | 20 |
| Cookie* <br> (2 to 3-inch diameter) | 1 each | 6 each | 12 each | 20 each |
| Milk or Juice | 2 Tbsp | 2 cups | 1 qt | 2 qt |
| RESOURCE® ThickenUp® | $11 / 2$ tsp | 1 Tbsp + $11 / 2$ tsp | 3 Tbsp | $1 / 4$ cup +2 Tbsp |

${ }^{*}$ Cookies should not contain nuts, seeds, raisins, baking chips, coconut, or other hard particulates that will not puree to a smooth consistency. Cookies that will puree easily include plain oatmeal, sugar, peanut butter, molasses, and shortbread.

## HOW TO PREPARE:

1. Crumble cookies into bowl of blender or food processor. Add milk or juice and puree until smooth in texture.
2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping side of bowl as necessary.
3. Cover and chill until ready to serve.
4. Portion one \#40 scoop (about 2 Tbsp) per serving. If desired, use a spatula to flatten and shape to resemble a cookie.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.

