

# RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED CLASSIC CLUB SANDWICH		PORTION SIZE: 1 - 4 x 4 inch piece			
	NUMBER OF SERVINGS				
INGREDIENTS	1	6	12	24	
Bread Layer:					
Bread, (White or Wheat), thin sliced, toasted	3 Slices	18 Slices	36 Slices	72 Slices	
RESOURCE® ThickenUp®	1 ½ tsp	3 Tbsp	⅓ cup	¾ cup	
Mayonnaise	1 Tbsp	⅓ cup	³¼ cup	1 ½ cups	
Liquid (Milk or Water)	⅓ cup	2 cups	1 qt	2 qt	
Meat Layer:					
Turkey Breast or Ham	2 Slices (2 oz)	12 Slices (24 oz)	24 Slices (48 oz)	48 Slices (96 oz)	
*Bacon Strips, cooked crisp and ground fine	2 Slices	24 Slices	48 Slices	96 Slices	
Chicken Broth, hot	1 Tbsp	⅓ cup	¾ cup	1 ½ cups	
RESOURCE® ThickenUp®	½ tsp	1 Tbsp	2 Tbsp	1/4 cup	

<sup>\*</sup>Bacon may not grind fine enough for a texture modified diet. Bacon may be left out of sandwich.



# RESOURCE® ThickenUp® Instant Food & Drink Thickener

### PUREED CLASSIC CLUB SANDWICH (CONTINUED)

PUREED CLASSIC CLUB SANDWICH						
	NUMBER OF SERVINGS					
INGREDIENTS	1	6	12	24		
Garnishes:						
Tomatoes, <u>seeded</u> and <u>chopped</u>	½ cup	1 ½ cups	3 cups	1 ½ qt		
Ketchup	1 tsp	2 Tbsp	½ cup	½ cup		
RESOURCE® ThickenUp®	1 Tbsp	½ cup + 2 Tbsp	¾ cup	1 ½ cups		
Lettuce, shredded	⅓ cup	2 1/4 cups (6 oz)	1 qt + ½ cup (12 oz)	2 ¼ qt (1 lb 8 oz)		
Water, <u>cold</u>	2 ½ tsp	⅓ cup	⅔ cup	1 1/4 cups		
RESOURCE® ThickenUp®	2 ½ tsp	⅓ cup	³⁄₃ cup	1 1/4 cups		



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#### PUREED CLASSIC CLUB SANDWICH (CONTINUED)

#### **HOW TO PREPARE:**

#### **Bread Layer:**

- 1. Crumble bread into food processor. Add first amount of **RESOURCE® ThickenUp®** and process until bread is in fine crumbs.
- 2. Add mayonnaise and liquid and process until all bread is moist, scraping sides of bowl as needed.
- 3. Divide bread mixture in half; spread half evenly into a pan coated with non-stick cooking spray. Cover and refrigerate remaining half.

#### **Meat Layer:**

- 4. Puree turkey or ham, finely ground bacon, and broth until smooth in texture. (If bacon cannot be ground fine, do not use.)
- 5. Add second amount of **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides of bowl as needed.
- 6. Spread evenly over bread layer in pan.
- 7. Place cheese slices on top of meat in a single layer.

### **Bread Layer:**

- 8. Spread second half of bread mixture evenly over the cheese.
- 9. Cover tightly with aluminum foil and/or film and heat to 165°F.
- 10. For a cold sandwich: Cool slightly, then loosely cover and refrigerate.

  For a hot sandwich: Hold for service at internal temperature of 135°F or higher.

#### **Garnishes:**

- 11. Puree seeded and chopped tomatoes and ketchup until smooth in texture.
- 12. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides of bowl as needed. Set aside.
- 13. Puree shredded lettuce and water in food processor until smooth in texture.
- 14. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed.
- 15. Cover and chill both garnishes until ready to serve.



## RESOURCE® ThickenUp® Instant Food & Drink Thickener

#### PUREED CLASSIC CLUB SANDWICH (CONTINUED)

#### **HOW TO PREPARE:**

To assemble:

- 16. Cut sandwiches into 4 x 4 inch pieces and portion one piece onto each plate.
- 17. Garnish with one #30 scoop (2 Tbsp) pureed tomato and one #30 scoop (2 Tbsp) pureed lettuce.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.