

PUREED CARROTS (CANNED)		<b>PORTION SIZE:</b> 1 - #16 Scoop (¼ cup)		
	NUMBER OF SERVINGS			
INGREDIENTS	1	6	12	24
Carrots, <u>cooked</u> and <u>drained</u>	½ cup	3 cups	1 ½ qt	3 qt
Margarine, melted	1 tsp	2 Tbsp	¼ cup	½ cup
RESOURCE® ThickenUp®	2 tsp	¼ cup	½ cup	1 cup

## HOW TO PREPARE:

- 1. Puree cooked, drained carrots with margarine in food processor until smooth in texture.
- 2. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides with spatula as needed.
- 3. Pour into steam table pan coated with non-stick cooking spray.
- 4. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 5. Portion one #16 scoop (1/4 cup) per serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.