

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED BROCCOLI	PORTI	PORTION SIZE: 1 - #16 Scoop (½ cup)		
INGREDIENTS	NUMBER OF SERVINGS			
	1	6	12	24
Broccoli, cooked and drained	½ cup	3 cups	1 ½ qt	3 qt
Margarine, <u>melted</u>	1 tsp	2 Tbsp	½ cup	½ cup
RESOURCE® ThickenUp®	½ tsp	1 Tbsp	2 Tbsp	½ cup

HOW TO PREPARE:

- 1. Puree cooked, drained broccoli with margarine in food processor until smooth in texture.
- 2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides with spatula as needed.
- 3. Pour into steam table pan coated with non-stick cooking spray.
- 4. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 5. Portion one #16 scoop (1/4 cup) per serving.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.