

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED BLUEBERRY PANCA	KES PORTIO	PORTION SIZE: 1 - #20 scoop (about 3 ½ Tbsp)		
	NUMBER OF SERVINGS			
INGREDIENTS	1	5	10	20
Prepared Blueberry Pancakes (about 4 inch diameter)	1 Pancake	5 Pancakes	10 Pancakes	20 Pancakes
Milk	3 Tbsp	¾ cup +1 Tbsp	1 ¾ cups	3 ⅓ cups
RESOURCE® ThickenUp®	½ tsp	½ Tbsp	1 Tbsp	2 Tbsp

HOW TO PREPARE:

- 1. Puree blueberry pancakes with milk in blender or food processor until smooth in texture.
- 2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping sides of bowl as needed.
- 3. Pour into steam table pan coated with non-stick cooking spray.
- 4. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 5. Portion one #20 scoop (about 3 ½ Tbsp) per serving. If desired, use a spatula to flatten puree to resemble a pancake.

NOTE: Measurements of liquid and RESOURCE® ThickenUp® may be adjusted to achieve desired consistency.