

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED BELGIUM WAFFLE	PORTIO	PORTION SIZE : 1 - #6 scoop (¾ cup)		
	NUMBER OF SERVINGS			
INGREDIENTS	1	5	10	20
Prepared Belgian Waffle, about 7" diameter	1 each	5 each	10 each	20 each
Milk	½ cup	2 ½ cups	1 ¼ qt	2 ½ qt
RESOURCE® ThickenUp®	1 Tbsp	⅓ cup	¾ cup	1 ¼ cup

HOW TO PREPARE:

- 1. Prepare a slurry by slowly adding RESOURCE® ThickenUp® to milk while stirring briskly. Stir until dissolved.
- 2. Pour ½ the slurry mixture into steam table or sheet pan sprayed with non-stick cooking spray.
- 3. Prick both sides of prepared Belgian waffles with a fork. Place in a single layer on top of slurry mixture.
- 4. Pour remaining slurry over top and allow at least 30 minutes for food to become saturated with slurry.
- 5. Place saturated waffles and excess slurry in a blender or food processor and puree until smooth in texture
- 6. Pour into a steam table pan coated with non-stick cooking spray.
- 7. Cover tightly with aluminum foil and/or film and heat to 165°F. Hold for service at internal temperature of 135°F or higher.
- 8. Portion one #6 scoop (\(^2\) cup) per serving. Top with warm maple syrup, if desired.