

RESOURCE® ThickenUp® Instant Food & Drink Thickener

PUREED BAKED APPLES	PORTIO	PORTION SIZE: #8 Scoop (½ cup)		
INGREDIENTS	NUMBER OF SERVINGS			
	1	6	12	24
Baked Apple, <u>prepared</u> (Without Peel, Raisins or Nuts)	1 each	6 each	12 each	24 each
RESOURCE® ThickenUp®	2 tsp	⅓ cup	½ cup	1 cup

HOW TO PREPARE:

- 1. Place baked apples, without peel, into bowl of blender or food processor; puree until smooth in texture.
- 2. Add RESOURCE® ThickenUp® and process briefly until mixed, scraping side of bowl as necessary.
- 3. Pour into pan coated with non-stick cooking spray.
- 4. Cover with aluminum foil and/or film and heat to serving temperature.
- 5. Portion one #8 scoop (½ cup) per serving.

NOTE: Measurements of liquid and **RESOURCE® ThickenUp®** may be adjusted to achieve desired consistency.