



CLEAR

**THICK & EASY® CLEAR
INSTANT FOOD AND BEVERAGE
THICKENER STICKS**



MIXING DIRECTIONS:



1 Empty powder from stick into empty dry glass (each stick thickens 4 fl. oz. of liquid).



2 Pour desired liquid quickly over thickener in glass.



3 Stir briskly with fork until dissolved and let stand. Allow 5-10 minutes for product to reach desired thickness.



**MILDLY THICK
NECTAR-LIKE**
1 - 1.4g packet



**MODERATELY THICK
HONEY-LIKE**
1 - 3.2g packet



SPOON THICK
3 - 3.2g packet plus
1 - 1.4g packet

Approximately 11 grams
of thickener are needed
in 4 fl. oz. of liquid.



Clear thickener requires **5-10 minutes** to fully thicken most beverages. Nutritional Supplements, dairy products, carbonated and high acid beverages may take slightly longer and may require additional **THICK & EASY®** to thicken.



Temperature may alter viscosity. IDDSI levels should be at **refrigerated temperatures**.



Thickener products are not suitable as sole source of nutrition, and are only appropriate for use in individuals **above three years of age**. **Viscosity can vary** based on beverage attributes. Products in question should be tested prior to service.

FOR MORE INFORMATION

on the consistency
labeling of this product
go to **www.iddsi.org**