

Comparison Chart

National Dysphagia Diet > IDDSI

(International Dysphagia
Standardization Initiative)

SOLIDS	Old National Dysphagia Diet label	New IDDSI diet label
	<input type="checkbox"/> Regular	7 REGULAR
	<input type="checkbox"/> Dysphagia Advanced/Chopped	6 SOFT & BITE-SIZED
	<input type="checkbox"/> Dysphagia Mechanically Altered or Ground	5 MINCED & MOIST
	<input type="checkbox"/> Dysphagia Pureed	4 PUREED

LIQUIDS	Old National Dysphagia Diet label	New IDDSI diet label
	<input type="checkbox"/> Thin liquid	0 THIN
		1 SLIGHTLY THICK
	<input type="checkbox"/> Nectar Thick Liquid	2 MILDLY THICK
	<input type="checkbox"/> Honey Thick Liquid	3 MODERATELY THICK
	<input type="checkbox"/> Pudding Thick Liquid	4 EXTREMELY THICK



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